

# FAMILY GRATITUDE GUIDE 2020

- Read the scripture together
- Think about the FOCUS
- Do the activity as a family
- Say a prayer of thanks

| SUN:<br>WORSHIP   | MON:<br>COUNT YOUR<br>BLESSINGS  | TUE:<br>SONG OF<br>GRATITUDE  | WED:<br>GRATITUDE<br>VIDEO  | THU:<br>EXPRESS<br>YOURSELF  | FRI:<br>THANKSGIVING<br>PRAYER  | SAT:<br>BE A BLESSING   |
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| <p>08-Matt 6:19-21</p> <p>Go to Worship (Online or In-person)</p> <p>FOCUS:<br/>"Treasures on earth can pass away. What God gives lasts forever."</p>   | <p>09-Gen 12:1-3</p> <p>Talk around your breakfast or dinner table: What has God given you so that you can help others? Name a good thing about you!</p> | <p>10-Deut 26:4-11</p> <p>Listen to the song "Thankful" by Shawna Edwards here:<br/><a href="https://tinyurl.com/GratitudeSong2">https://tinyurl.com/GratitudeSong2</a></p>     | <p>11-Matt 16:13-18</p> <p>Watch the gratitude video at <a href="https://wesleyfreedom.org/childrens-ministries">wesleyfreedom.org/childrens-ministries</a></p> | <p>12-Gen 1:26-31</p> <p>God made the whole world. Go on a fall scavenger hunt and say thank you to God for everything you find.<br/><a href="https://tinyurl.com/FallScavWFUMC">https://tinyurl.com/FallScavWFUMC</a></p> | <p>13-1Chron 16:8-9</p> <p>Pray through song and motions with "Give Thanks"<br/><a href="https://tinyurl.com/GratitudeSong1">https://tinyurl.com/GratitudeSong1</a></p>   | <p>14-1Chron 16:34</p> <p>Do something kind for a family member. Help fold laundry, fix dinner, dust, and/or pick up.</p>             |
| <p>15-Psalm 126:4-6</p> <p>Go to Worship (Online or In-Person)</p> <p>FOCUS:<br/>"We plant seeds in tough times so that we can keep living as God's children in the future."</p>                        | <p>16-2 Cor 9:6-7</p> <p>Talk around your breakfast or dinner table: Where has God given you more than you need? What can you share with others?</p>     | <p>17-2 Cor 9:8-10</p> <p>Listen to the song "Thankful" from Juicebox Jukebox here:<br/><a href="https://tinyurl.com/GratitudeSong3">https://tinyurl.com/GratitudeSong3</a></p> | <p>18- Luke 3:10-11</p> <p>Watch the gratitude video at <a href="https://wesleyfreedom.org/childrens-ministries">wesleyfreedom.org/childrens-ministries</a></p> | <p>19-Phil 4:6</p> <p>Where did you see God in your life today? Draw, paint, build or make it.</p>   | <p>20-Luke 21:1-4</p> <p>Pray this prayer - For food in a world where many walk in hunger; For faith in a world where many walk in fear; For friends in a world where many walk alone; We give you thanks, O Lord. Amen.</p>  | <p>21-1 John 4:19</p> <p>Younger: Make a card for a neighbor</p> <p>Older: Pick up trash and litter in your neighborhood or park.</p> |
| <p>22-2 Cor 9:10-12</p> <p>Go to Worship (Online or In-Person)</p> <p>FOCUS:<br/>"All the good things we have come from God. Our generosity is a way to say 'Thank You' to God for his generosity."</p> | <p>23-2 Thess 1:3-4</p> <p>Talk around your breakfast or dinner table: Name three people you are thankful for.</p>                                       | <p>24-Psalm 100:1-2</p> <p>Listen to the song "Thankful" from Roar VBS here - <a href="https://tinyurl.com/GratitudeSong4">https://tinyurl.com/GratitudeSong4</a></p>           | <p>25-Psalm 100:3</p> <p>Watch the gratitude video at <a href="https://wesleyfreedom.org/childrens-ministries">wesleyfreedom.org/childrens-ministries</a></p>   | <p>26-Psalm 100:4-5</p> <p>Create a thankful tree. Find a branch and bring it inside. Put it in a sturdy container. Cut out leaves, write things you are thankful for and hang the leaves on the tree.</p>                 | <p>27-1 Thess 5:18</p> <p>Pray this prayer: Dear God, If I cannot be brilliant, let me be kind. If I cannot change the world, let me inspire just one other to do so. If I cannot give away riches, let me be loving. Let me be known for kindness, for it is the greatest glory.</p> | <p>28-Psalm 41:1-3</p> <p>Sort through your toys, books and clothes and find useful items to donate.</p>                              |